The dairy matrix: a new approach to understanding the health effects of food

Symposia
4th October 2017
10.00-10.15  Registration and coffee

10.15-10.30  Welcome
Moderator Mette Walsted Vestergaard

10.30-11.00  Food matrix effects: is it time to rethink how we evaluate the health effects of food?
Prof Ian Givens (University of Reading, UK)

11.00-11.30  Muscle, bones and body fat: the dairy matrix effects on body composition.
Dr Emma Feeney (University College Dublin)

11.30-12.15  Lunch break and networking

Prof Arne Astrup (University of Copenhagen, DK)

12.45-13.15  How do research results and official dietary guidelines affect dairy business?
Dr. Lea Brader (Nutrition Scientist, Arla Foods)

13.15-13.45  Panel debate
Moderator Mette Walsted Vestergaard

13.45-14.00  Sum up and thank you for today